



SYDNEY
BROWS & LASHES

SEMI PERMANENT MAKEUP PRE/ POST CARE

BEFORE PROCEDURE:

- DO NOT tweeze, wax, tint or have laser or electrolysis atleast **1 week** before your procedure.
- Avoid tanning or any type of facial or chemical peel **2 weeks** prior to procedure.
- DO NOT have any botox done **2 weeks** prior to procedure.
- Discontinue vitamin A/ Retinol for **1 month** prior to procedure.
- DO NOT take any form of blood thinners **1 week** prior to procedure, including Fish Oil and Vitamin E.
- DO NOT exercise **24 hours** before the procedure.
- **24 hours** prior: DO NOT consume alcohol, caffeine or sodas. Also do not take aspirin or ibuprofen.
- Make appointment **3 weeks** prior to any special occasion to allow for healing.

Please Note: You will be more sensitive during your menstrual cycle

FOLLOWING YOUR APPOINTMENT:

- Immediately after your appointment, please wipe your eyebrows gently with wet cotton pads provided every hour until bedtime followed by ointment. Leave ointment on overnight.
- Please use waterproof adhesive during shower.
- Avoid getting the eyebrows wet & taking hot showers for 7 days.
- In the next 6 days apply ointment 3-5 times daily.
- For clients with oily skin the aftercare is recommended only on the first day, no ointment is required for next 6 days.
- Please do not peel scabs or dry skin on the eyebrows this may cause loss of pigment.
- During the first 7 days avoid all creams (except ointment) and all make-up on the eyebrows.
- Avoid excessive exercise that may cause excessive sweating sauna, steam, facials and inhalation.

IN THE NEXT 29 DAYS AVOID:

- Suntanning, sunbeds, light (laser) therapy, chemical peels, fruit acids, microdermabrasion and botox.
- Creams that contain regeneration factors.
- You should always avoid laser treatments over treated area ie fraxel, laser, IPL, micro, chemical peeling etc. as it will affect the retention of the pigment.
- Also faster fading of pigment can occur if you use antibiotics for hormonal therapy.
- Always protect your eyebrows from the sun by using sunscreen after the first 7 days.